



# Burdekin School

## Newsletter

Term 3, Week 9 – 06/09/24



### Calendar

- 12/09/24 R U Ok Day and NAIDOC Day at Ayr SS
- 13/09/24 Last day of term 3
- 30/09/24 First day of term 4
- 7/10/24 Public Holiday and Mental Health Week
- 27/11/24 Christmas Concert
- 04/12/24 Year 12 Graduation
- 13/12/24 Last day of term 4!

### ARRIVALS & DEPARTURES

School starts at 8:40am and finishes at 2:45pm. Staff are on duty from 8:25am.

If arriving late or leaving early please report to the office and sign your child in or out in the book on the foyer table.

### Principal's Message

It was great to see so many of you come out for our annual Family Dance Night last week! It is always a pleasure to see how connected our families are as well as the relaxed enjoyment that is had by all.

Our goal is to be above **85% attendance** this year. We're inching closer – we cracked the 80's!

Year-To-Date Attendance		
Attendance rate	Students with <85% attendance	Students with chronic absenteeism
<b>80.0%</b>	<b>50.0%</b>	<b>35.0%</b>

Please notify the school if your child is absent and the reason by 9:30am. Every day at school is a day of learning – every day counts! If students are not at school, we cannot teach them.

At the end of term 3, we will be farewelling our Junior Primary teacher Karen. We wish her well in her next steps! Junior Primary families will receive a note next week advising of the changes.

We wish all of our families a safe and happy school holiday break!

Yours in education,  
Claire Cheyne.



### WHAT'S ON IN THE COMING WEEKS:

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>10</b>	Lesley, Social Worker		Men's Shed / Landcare	R U Ok Day and NAIDOC Day	Lesley, Social Worker Assembly 2:35pm
<b>1</b>	Lesley, Social Worker		Men's Shed / Landcare		Lesley, Social Worker Assembly 2:35pm
<b>2</b>	Public Holiday		Men's Shed / Landcare		Lesley, Social Worker Assembly 2:35pm
<b>3</b>	Lesley, Social Worker		Men's Shed / Landcare	Kym – Guidance Officer	Lesley, Social Worker Assembly 2:35pm

# Every Day Counts!

## What sort of start is your child getting?

Just a little bit late doesn't seem much but.....

He/She is only missing just....	That equals....	Which is.....	and over 13 years of schooling that's...
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly <u>Half a year</u>
20 minutes per day	1 hour 40 mins per week	Over 2.5 Weeks per year	Nearly <u>1 year</u>
Half an hour per day	Half a day per week	4 Weeks per year	Nearly <u>1 and a Half years</u>
1 hour per day	1 day per week	8 Weeks per year	Over <u>2 and a Half years</u>

Did you know your child's best learning is at the start of the school day? That's when every minute counts the most!

1 or 2 days a week doesn't seem much but.....

If your child misses....	That equals....	Which is.....	and over 13 years of schooling that's...	Which means the best your child might perform is ...
1 day per fortnight	20 Days per year	4 weeks per year	Nearly <u>1.5 years</u>	Equal to finishing in grade 11
1 day per week	40 Days	8 weeks	Over <u>2.5 years</u>	Equal to finishing in grade 10
2 days per week	80 Days	16 weeks per year	Over <u>5 years</u>	Equal to finishing in grade 7
3 days per week	120 Days per year	24 weeks per year	Nearly <u>8 years</u>	Equal to finishing at grade 4

**EVERY DAY COUNTS!**

If students aren't at school, we can't teach them.

Being on time and attending every day that your child is well sets them up for consistent class routines and successful learning.

# Burdekin Show Parade



## P&C Update

### **Volunteers Needed!**

The P&C are seeking parents and carers who are able to support the Plantation Park Market BBQ on the first Sunday of the month between 6:30am and 12pm for any of the following dates:

October 6<sup>th</sup> (King's Birthday long weekend)

November 3<sup>rd</sup>

December 1<sup>st</sup>

Please see any of the P&C Executive to discuss it further or to sign up, there is a sign on sheet in the office foyer.

# Family Dance Night!

What fantastic participation from all our students!



# Student Wellbeing

A warm hello from Student Well-being!

# RUOK?™

A conversation could change a life.



EVERY day is the day to start a conversation with those we care about & ask, 'are you OK?'.

<https://www.ruok.org.au/how-to-ask>



**1. Ask**



**2. Listen**



**3. Encourage action**



**4. Check in**

- ✓ Be relaxed, friendly and concerned in your approach.
- ✓ Help them open up by asking questions like "You seem less chatty than usual. How are you going?"
- ✓ Be patient and listen without judgement.
- ✓ Check in on them again to see how they are doing.

## FREE & confidential Tele-Support Services:

Lifeline **13 11 14** – 24 hour [crisis support and suicide prevention](#) service

Beyondblue **1300 224 636** – 24 hour phone & online [mental health counselling service](#)

Parentline **1300 301 300** – 8am-10pm daily [phone & webchat counselling](#)

1800RESPECT **1800 737 732** – 24 hour phone & online, [family & sexual violence support](#)

DVConnect Womensline **1800 811 811** – 24 hour helpline, [women experiencing domestic & family violence](#)

DVConnect Mensline **1800 600 636** - 9am – Midnight daily, [men using abuse or experiencing abuse](#)

13YARN **139 276** – 24 hour phone crisis [support for Aboriginal and Torres Strait Islanders](#)

Kind Regards,

*Vivienne* (Ms Vi)

<https://www.ruok.org.au/how-to-ask>

[crisis support and suicide prevention](#)

[mental health counselling service](#)

[phone & webchat counselling](#)

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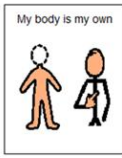
[support for Aboriginal and Torres Strait Islanders](#)

# PBL Focus Areas!

## Week 10

### Personal hygiene and privacy

Personal Hygiene and Privacy

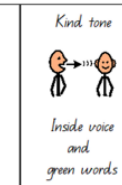
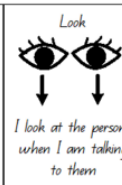


**Personal hygiene and privacy** focuses on encouraging students to look after their own personal hygiene and privacy. Students wash their hands before eating, before/after cooking and after going to the toilet. Students are shown the correct way to cough or sneeze as to limit the spread of germs. They are shown what personal privacy means and where on their body should remain covered.

## Week 1

### Speak nicely

Speak Nicely

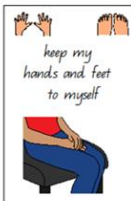


**Speak nicely** focuses on encouraging students to think about how they should speak to others. Students are taught how to say and sign manners. It is important they are taught both ways so they can talk to all members of our community. They are shown how to join in conversations and what behaviours they should use to speak nicely. Things like looking at the person talking, saying/signing excuse me and using a kind tone are demonstrated.

## Week 2

### Gentle hands and feet

Gentle hands

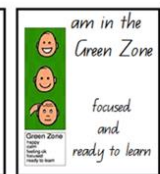
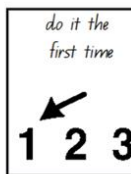
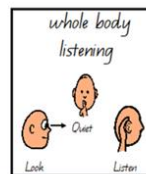


**Gentle hands and feet** focuses on encouraging students to use their hands and feet in safe ways. It uses positive language to provide actions students should do rather than what they should not do. Actions like passing items gently, keeping my hands and feet to myself and using handshakes and high fives.

## Week 3

### Follow teacher instructions

Follow Teacher Instructions



**Follow teacher instructions** demonstrates how to be a safe and respectful learner. Students are reminded how to show whole body listening and what being in the Green Zones looks and feels like. They are also taught the importance of following instructions the first time.